

Bilateral Pudendal Perineuronal Injection Post Procedure Instructions

You may experience numbness or unable to bear weight in your lower extremities for up to 28 hours following surgery, and maybe discharged from the hospital in a wheelchair. This varies with individual patients.

If you are unable to void or urinate after surgery you may go home with a catheter in place. The nurse at the hospital will instruct you on how to remove it 24 hours after surgery.

You may experience temporary urinary or fecal incontinence; however this is a rare occurrence.

You should avoid intercourse until you are evaluated at your follow-up appointment.

You may return to work the following day with no weight restrictions.

CALL THE OFFICE IF ANY OF THE FOLLOWING SHOULD OCCUR:

1. If the numbness in your lower extremities last longer than 48 hours.
2. If you are unable to urinate.
3. If you have pain or discomfort not relieved with over the counter medications.
4. A temperature higher than 100.5.

If fever or pain occurs, you may take Tylenol, Motrin, Nuprin, or Advil in the recommended dosage on the label, or if a prescription for pain was given, it may be used.

A follow up appointment will be made for you at the discretion of your provider.

Risks:

There are risks with every surgery that is done. As with any surgery, some of the risks associated (but not limited) to a Pudendal Perineuronal Injection are bleeding, injury to other organs, and infection. When a complication(s) arise, further procedures and/or surgery may be necessary.